

Narrative Therapy and Learning Disabilities - recent items

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See below recent articles and other items of interest on Narrative Therapy:

Journal articles

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Title: Narrative therapy in a learning disability context: a review.

Citation: Tizard Learning Disability Review, 01 July 2015, vol./is. 20/3(121-129), 13595474

Author(s): McParland, James

Language: English

Abstract: Purpose Narrative therapy is aligned with government priorities for learning disabilities as it promotes inclusion and seeks to empower. While research on narrative

therapy in learning disability services is emerging, it has not been critically evaluated. The purpose of this paper is to identify, summarise and critique the extant literature that has explored narrative therapy for adults with learning disabilities, and consider the implications for research and clinical practice. Design/methodology/approach A literature search identified seven relevant case studies that described individual narrative therapy interventions for adults with learning disabilities. A qualitative review of these studies was carried out. Findings Overall, the reviewed studies offer tentative evidence for the short-term usefulness of narrative therapy for difficulties with anger and qualitative benefits for ritualistic behaviour, social anxiety and stealing behaviour. Research limitations/implications A number of methodological issues are identified, particularly concerning the use of outcome measures and the generalisability of findings. The research is limited due to a reliance on case study evidence and outcome measures that lack validity and reliability. Both larger scale and more robust research, and high quality practice-based evidence, are required. Practical implications Learning disability services could consider providing narrative therapy for people with learning disabilities experiencing anger problems and other psychological difficulties. Clinical practice suggestions are identified, such as choosing relevant metaphors and including the individuals wider system. Originality/value This paper provides an up-to-date, comprehensive review of the literature on narrative therapy for people with learning disabilities that will be of use to clinicians providing therapeutic support and to people commissioning such services.

Publication Type: journal article

Source: CINAHL

Full Text:

Available from *Emerald Group Publishing Limited* in [Tizard Learning Disability Review](#)

Title: Is it because Im gormless? A commentary on Narrative therapy in a learning disability context: a review.

Citation: Tizard Learning Disability Review, 01 July 2015, vol./is. 20/3(130-133), 13595474

Author(s): Olsen, Angela



Language: English

Abstract: Purpose The purpose of this paper is to reflect on Narrative therapy in a learning disability context: a review. Design/methodology/approach This commentary reflects on the use of Narrative therapy and considers it in the wider context of assisting people with learning disabilities to develop self-understanding. The commentary makes connections between the use of Narrative therapy and narrative approaches to research reporting. Findings The use of Narrative therapy can assist in the development of positive personal stories for individuals with learning disabilities. Case study research provides a useful reference point from which to develop future work. Reporting of case studies sometimes omits data that might be useful for others attempting to replicate findings. Originality/value This paper highlights the need for authors to ensure that the small details are included in research reporting. A narrative approach, rich in detail of research participants might enable authors to tell a thicker story, thus improving generalisability.

Publication Type: journal article

Source: CINAHL

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